All Day Menu

Boards & Bites

Patatas Bravas 6.5
Hand cut potatoes, smoked chipotle sauce and soft garlic creamy sauce.
*1,2,3

Tortilla de Patata 8.5
Spanish potato omelette, piquillo pepper sauce, manchego cheese.
*2,3

Bomba de la Barceloneta Local hero 9
Two large croquette stuffed with spicy smoked tomato sauce & black alioli.
*2,3

Ensaladilla 10
Potato & prawns salad, crispy egg, katsuobushi, prawns, fresh peas & endives.
*2,3,6,7

Calamares a la andaluza 14
Crispy calamary, citrus mayonnaise, citronella & kaffir salt.
*2,3,7

Portobello 100% PB 14
Grilled Portobello, parsley & lime sauce, toasted almonds.
Meal Plan

Jamón Ibérico Local hero 22
Acorn-fed 100% Iberian ham and 'Pà amb tomaquet'.
*1,2,3

Burgers & Sandwiches

Falafel Wrap 100% PB 18
Artisan falafel, avocado, pickled red onions, salted cucumber, fresh mix of herbs (dill, mint, & parsley), tahini sauce & spicy sauce.
Meal Plan
*1.

Club Sandwich 14
Galician 'Lacon' (cooked ham), 'escalivada' (roasted onions & peppers), rocket, Idiazabal cheese. Served with pickled chili & paprika alioli.
*1,2,9

Crispy Chicken Breast Burger 14
Brioche, breaded chicken breast, lettuce, tomatoes, crispy onions, and Kimchi mayo.
Meal Plan
*1,2,3,8.

Cochinita Pibil Roll 14
Spicy pulled pork, deluxe brioche, pickled red onion, mango mayo & crispy lime.
*1,2,3,4.

Smashed Beef Burger
Galician patty, cheddar cheese, pickles, spinach, onion, ketchup and mustard.
*1,2,3,8. -Plant based option available.

Sides

Side Salad 100% PB 4
Romaine lettuce, fresh herbs, radish, croutons, Miso, tofu & lime dressing.

Steamed Broccoli 4
Yogurt dressing & almonds.

French Fries 100% PB 4
House seasoning.

Roasted carrots 100% PB 4
& lavender honey glaze.

'Pa amb tomaquet' 100% PB 2

Bowls & Grains

Soup of the day 100% PB 9
Ask our team for today's recipe
Meal Plan.

Caesar Salad 12
Iceberg lettuce, chicken breast, Mahon cheese, croutons, caesar dressing & crispy bacon.
Meal Plan
*1,2,3 -Plant based option available.

Burrata salad 14
Burrata, rocket, spinach, roasted pumpkin, pumpkin seeds & Pomegranate dressing
*2,11

Mediterranean Bowl Local hero 12
Orzo, 'piquillo' sauce, spinach, olives, cherry tomatoes, feta cheese & basil.
Meal Plan - *2,3

Quinoa Bowl 100% PB 12
Quinoa mixed with edamame, goji berries, cucumber, mixed seeds & fresh leaves, tossed with passion fruit & mango dressing,
*10

Add ons: avocado, chicken, plant based chick'n. +4
Add ons: Smoked salmon +6

Barcelona Comfort Food

Cauliflower 100% PB 12
Roasted cauliflower, vegan cheese foam & pistachio crumble.
Meal Plan

Mushroom cannelloni 14
Crepe filled with mix of mushrooms, topped with melted gruyere & parmesan cheese & hazelnut sauce
Meal Plan
*1,2,3.

Tender beef chunks with Ratafia Local hero 18
Tender house made beef chunks with a ratafia demi glace, prunes and sweet potatoes pure.
*2,3.

"Arros a la llauna" Local hero 22
Seafood rice cooked in a roasting tin, topped with red shrimp carpaccio
*6,7,12.

Something Sweet

Crema Catalana 5
Vanilla & orange mousse, lemon sorbet and 'carquinyoli' crumble.
*2,4.

Vegan Ice creams & sorbets 100% PB 5
Three scoops. Ask our team for available flavours.

Xocolate 7
Ganache, Chocolate cake, & Chocolate mousse.
*2,3.

Fruit Salad 100% PB 5
Daily cutted fresh fruit, lemon & mint sirope.

Burnt cheese cake 5
San sebastian style cheescake & berries confiture.
Meal Plan
*1,2,3,4.

Local hero = LOCAL DISH 100% PB = PLANT BASED

THE CONNECTION IS REAL: NEED WI-FI? CONNECT TO TSH GUEST.

ALERGENS: 1. GLUTEN, 2. LACTOSE, 3. EGGS, 4. DRIED NUTS, 5. SOY, 6. FISH, 7. SHELLFISH, 8. MUSTARD, 9. SULPHITES, 10. SESAME, 11. CELERY.

NOTE NOT ALL INGREDIENTS ARE LISTED IN THE MENU DESCRIPTIONS. IF YOU HAVE A FOOD ALLERGY PLEASE ADVISE YOUR COMMUNITY HOST BEFORE ORDERING.

newsletter

Drinks

Coffees & teas

Espresso/Double Espresso	1.7 | 2.4
Americano	2.5
Espresso Macchiato/ Cortado	2.5
Cappuccino	3.6
Latte	3
Flat White	3.6
Chai Latte	4
Sans & Sans Herbal Tea	3.6

Artisan hot chocolate 7.5

70 % Dark chocolate Melted with milk on the side.

Add on:

Vegetable Milk	0.2
Whipped cream	1

Make it naughty 50ml side shot : All 5

Belvedere/ Absolut vodka
Havana Club/ Flor de Caña
Mascaró Brandy V.S.O.
Jack Daniel's /Johnny walker red label

Sodas & juices

Retro Cola 33 cl can	5
Lemon & Ginger Soda 33 cl can	5
Orange & Passionfruit Soda 33 cl can	5
Pomelo & Hibiscus Soda 33cl can	5
Ginger Beer, Tonic & Ginger Ale 33 cl can	5
Coca Cola/ Coke0 33cl botl	5
Fanta or Sprite 33cl botl	4
Nestea	4
Cal Vall Juice apple/organg 200 ml btl	5

No & Low

Crodino Spritz 17,5 cl bot	4
Corona 0,0 33 cl botl	5
Kombucha Love 33 cl botl	5
Lindo Iced tea 33cl botl.	3.75
Energy drink 33 cl can	5
Homade Lemonade Yuzu or ginger 33 cl.	5
Natural Juices Orange, Spinach or Carrot	4

White wines

"Folklore" - Godello - Bierzo - Organico	5 | 25
"Miranda d'espiels" - Chardonnay - Penedés - Organico & Biodinamic	6 | 29
"Petit Clot", David Baixas, Tarragona, Spain	8 | 39

Red wines

"Luis allegre" crianza - tempranillo - Rioja - Organico	5 | 25
"Terra Prima" – Carbernet franc, garnacha y Sirah – Penedès	6.5 | 29
La Figa - Garnacha & Cariñena - Empordá - Natural	8 | 39

Orange wines

"Skin Contact"- Gros Manseng, Muscat, Mal del Perie - Cahors, France - Natural	8 | 39

Rosé wines

"Aurora" - Pinot noir & Xarel.lo – Penedès - Organic	5 | 25

Sparkling wines

"Juve & Camps Esential Purpura" – Xarel.lo & otras – Cava - Organic	5 | 25

Draft beer 4 | 7

Brutus
Pale Lager 5%

Can & bottled beer All at 5

Corona 33cl btl
Garage Beer Ipa can 33 cl
Garage Beer Unfiltred Pils can 33 cl
Garage Beer Weisse can 33 cl

Cocktail

Mojito Rum, mint, lime & soda	12
Moscow Mule Vodka, mint, ginger	12
Yuzu Margarita Tequila, Yuzu, Cointreau	12
Espresso Martini Vodka, cold brew coffee	12
Gin & Tonic	12