

Lunch Menu

Sandwiches

Plant-Based BLT  100% PB	9,50
Plant-based bacon, avocado, mayonnaise, sundried tomato, house salad	
Stracci & Morta	9,95
Mortadela, stracciatella, roaster pepper, artichokes, house salad	
Il Classico	9,25
Farmer's ham, emmental, pickles, mustard, mayonnaise, house salad	
Verdure & Stracciatella	9,50
Stracciatella, basil pesto, roasted pepper, artichoke, courgette, sundried tomato, house salad	
The Caesar	9,95
Roast chicken, caesar dressing, parmesan, house salad	
Roast Beef Swiss	9,95
Roast topside beef, emmental, pickles, grain mustard, house salad	
Make it a meal deal: choose from fries, side salad, daily soup!	14
Choose between white bread, brown bread, and schiacciata bread! Gluten free option available for all sandwiches	

TSH Favorites

Chicken Caesar Salad	17,50
Chicken, gem, caesar dressing, croutons, parmesan, bacon crumble	
Noodle Salad	13
Rice noodles, sesame dressing, cabbage, carrots, mint, coriander, roasted cashews, avocado	
Add crispy chicken	+3
Bulgar Salad  100% PB	13
Harissa-flavored bulgar, falafel, hummus, chickpeas, white cabbage, little gem, carrots, mint	
Smash Burger	19
Beef patty, brioche, pickles, burger sauce, cheddar, onions, iceberg. Served with fries	
Korean BBQ Chicken Burger	19
Crispy fried chicken, brioche, pickles, cabbage with sesame dressing, iceberg, korean BBQ. Served with fries. Vegetarian option available	
Fries	6
Mayonnaise, ketchup	
Soup of the Day  100% PB	6,50
Daily changing. Served with bread and vegan butter.	

Lunch served from 12:00-14:00

 100% PB Plant based dish | (V) Vegetarian dish | MP Available with Meal Plan

Please note that not all ingredients are listed in the menu descriptions. If you have any food allergies, please inform your waiter before ordering.





Coffee & Tea

Coffee & Tea

Single Espresso	3.50
Americano	3.50
Double Espresso	3.80
Iced Coffee (Americano or Latte)	3.80
Cold Brew	3.80
Espresso Macchiato	3.80
Flat White	4.50
Cappuccino	4.90
Matcha Latte	4.90
Hot Chocolate	5.00
Latte Macchiato	5.20
Chai Latte	5.50
Cold Brew Coconut Latte	5.50

Organic Teas	3.50
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(Rooibos, Green Tea, Ginger Lemon, English Breakfast)

Fresh Mint Tea	3.95
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Fresh Ginger Tea	3.95
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Extra Shot	+ 0.50
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Paper cup	+ 0.25
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Plant-based milk options available
(Almond, Coconut, Soy & Oat)

Waters & Juices

Juices

Orange Juice	3.50
Apple Juice (glass)	3.50
Ginger Shot	3.95
Schulp Apple Juice	3.95
Alain Milliat Carrot Juice	6.50
Alain Milliat Apple Juice	6.50
Alain Milliat White Peach Juice	6.50
Alain Milliat Apricot Nectar Juice	6.50

Water

Soul Sparkling Water	2.95
Soul Still Water	2.95
DASH Flavored Sparkling Water	3.95
NODA Flavored Water	3.95
Still Water, 75cl	4.00
Made Blue	
Sparkling Water, 75cl	4.00
Made Blue	

Sodas

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Fanta Orange / Fanta Zero	3.50
Sprite Zero	3.50
Coca Cola/ Zero	4.00
Tonic TH	4.00
Ginger Ale TH	4.00
Ginger Beer TH	4.00
Mango Soda TH	4.00
Grapefruit Soda TH	4.00
Bimster Kombucha	4.90
Club Mate	4.00
ChariTea Mate	4.50
Nix & Mix Lightly Sparkling (various flavors)	4.50
Cawston Press Sparkling (various flavors)	4.50
Naturfrisk Organic Soft Drink (various flavors)	4.50
BOS Rooibos Iced Tea (various flavors)	4.50
Kumasi Natural Drink (various flavors)	4.90

wine

Sparkling

Prosecco Frizzante
Italy

5.00 30.00

White

Chardonnay
Chile

4.50 25.00

Sauvignon Blanc
France

5.25 29.00

Pinot Grigio
Italy, **Vegan Organic**

6.00 34.00

Red

Merlot
France

4.50 25.00

Pinot Noir
Hungary

4.50 25.00

Primitivo
Italy

5.50 32.00

Rosé

Grenache Rose
France, **Vegan Organic**

4.50 25.00

Smaller Portion

The Copper Crew, 187ml
White, Red, Rose

6.95

Beer

Draft

Heineken Heineken, 5%	4.00	6.50
Birra Moretti Moretti, 4.6%	4.50	7.00
Karel IPA  Kaapse, 4.5%	5.25	

Canned & Bottled Beer

Heineken 0.0 Heineken, 0.0%	3.00
Heineken Heineken, 5%	4.00
Brouwerij het IJ Blonde Brouwerij het IJ, 5.8%	4.95
Birra Moretti 0.0 Birra Moretti, 0.0%	5.00
Lowlander IPA Non-Alcoholic Lowlander, 0,3%	5.50
Lowlander Blond Non-Alc Lowlander, 0,3%	5.50
Brouwerij het IJ Ijwit Ijwit, 6,5%	5.50
Maria - Vermont Pale Ale  Kaapse, 4.7%	6.75
Jerom - Belgian Triple  Kaapse, 8.2%	7.25

Cocktails

Cocktails

Stelz 5.50
Available in various flavors, 25cl can

Classic Mojito 9.50
Bacardi Blanca, Soda Water, Mint, Lime

Aperol Spritz 9.50
Aperol, Sparkling Wine, Soda Water

Limoncello Spritz 9.50
Limoncello, Sparkling Wine, Soda Water

Gin & Tonic
Bombay 9.50
Pink Gin 9.50
Hendrick's 12.50

Espresso Martini 9.50
Kahlua, Vodka, Espresso

Passion Fruit Mojito 12.50
Bacardi Blanca, Passion Fruit Syrup, Soda Water, Mint, Lime

Dark & Stormy 12.50
Spiced Pineapple Rum, Ginger Beer

Moscow Mule 12.50
Vodka, Ginger Beer

Mocktails

Virgin Mojito 7.50
Mint, Lime, Soda Water

Peach Tea Spritz 7.50
Peach Syrup, Home-made Ice Tea, Soda Water

Spirits

Rum

Bacardi Carta Blanca	4.00
Spirited Union Pineapple Spice	5.50

Gin

Bombay Sapphire	6.00
Gordon's Premium Pink	6.00
Hendrick's	8.00

Whiskey

Jameson	5.00
Jack Daniel's	5.50

Vodka

Smirnoff	4.50
Absolut	5.50

Tequila

Sierra Blanco	4.50
Camino Real Blanco	5.00

Liquor / Brandy

Limoncello	4.00
Hennessy	5.50
Kahlua	4.50
Cointreau	4.50
Deslay Brandy	5.50