

Rome's Best-kept secrets

A cityguide curated by The Social Hub community.



Rome City Guide

La dolce vita, Roman style

Rome is a city that will fill you up in more ways than one. From outstanding cultural endeavours, to momentous historic sites, green parks full of marble splendour and world renowned cuisine, you'll be full to the brim with experiences.

Neighbourhoods

- **Aventino**
- Coppedè
- **Casal Bertone**
- **Esquilino**
- **Ostiense**
- **Parioli**
- **Pigneto**

- - **Rione I Monti**
 - Rione VII Regola
 - **Rione XIX Celio**
 - **Rione VI Parione**
 - **Rione V Ponte**
 - San Lorenzo
 - **Trastevere**
- Piazza Borghese

KEEP AN EYE ON THERE DOTO, YOU MIGHT COMBINE HOTOPOTO ONCE YOU'RE THERE.



Download our guide on Google Maps



Music & Entertainment

Explore a diverse music scene and nightlife that offers a beat to every eager dancer and listener. From low key intimate affairs to all night parties, you'll find your crowd easily.

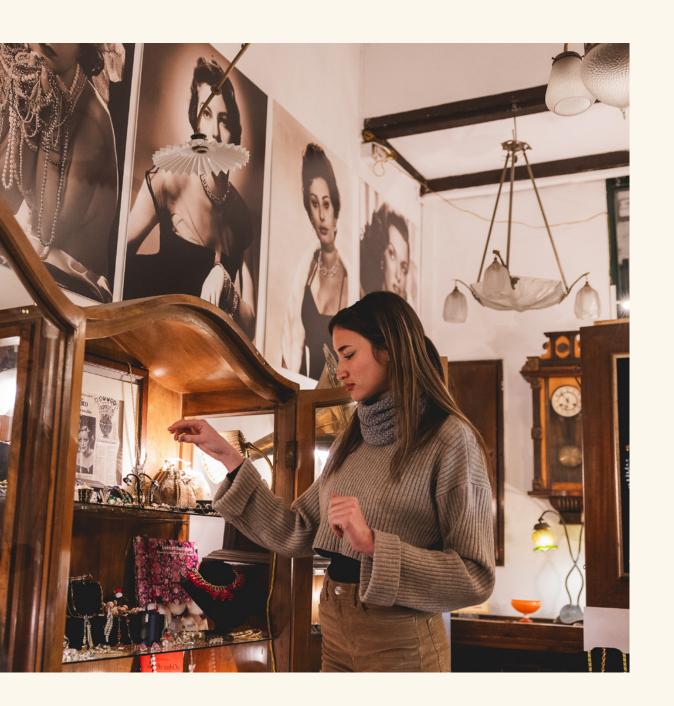
Food & Drinks

Often it's the simplest of recipes that give the greatest flavours in this gastronomical delight of a city. With over 8000 restaurants, you're not far from a culinary delight.



Art & Culture

The remains of ancient Rome can be found throughout the city, but as well as this there is enough contemporary and modern art that can captivate and inspire audiences in a different way.



Shops & Boutiques

Vintage and antique markets are especially popular in Rome, which is no surprise given its historical significance. Keep a keen eye out as you explore, there might be some hidden treasures to uncover.

Parks & Nature

Rome may be famous for its dynamic urban energy, but its vast spaces give a welcomed serenity in all the busyness. Enjoy lush greens, rich biodiversity and impressive villas as you stroll around the many parks.

FOOD&DRINKO

CHECK OUT THEIR NATURAL WINE BAR @VINIFICIO_ROMA



@pastificio.sanlorenzo



Pastificio San Lorenzo

Homemade pasta with a side of art

Not only does this place serve the most out-of-this-world pasta and other traditional Italian dishes, but the first floor is an independent art gallery. The boho neighbourhood of San Lorenzo is great for drinks after.

San Lorenzo <u>Via Tiburtina 196</u>



@anticofornoroscioli

Antico Forno Roscioli

Come for a bite, stay for a long lunch

Adored by the locals, this traditional bakery and grocery store is also home to a cosy little restaurant where you can eat more than baked goods. Take it from us, it's the best carbonara in town.

Rione VII RegolaVia dei Chiavari 34

THE QUEUE MOVED FADT!

Regoli

A family owned sweet spot in the city's centre

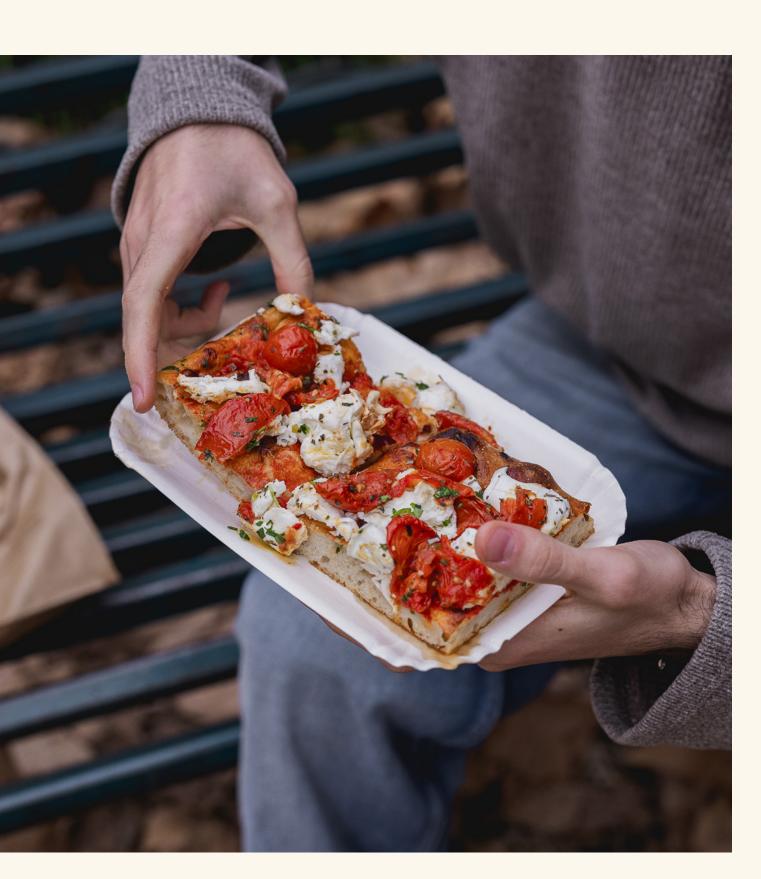
Don't let the humble interior deter you from the treasure chest of sweets this pastry shop offers. If you want to try the iconic Roman Maritozzi, this is where you need to do it.

Esquilino <u>Via dello Statuto 60</u>

ALOO TRY THE ZEPPOLE DI SAN GIOVANNI.



www.pasticceriaregoli.com



Antico Forno Urbani dal 1927

Join the crowd of locals at this traditional bakery

You can find pizza in a lot of places, but if you want the iconic Pizza alla Palla, get here early to secure your slice.

Rione VII RegolaPiazza Costaguti 30

APPARENTLY THEY HAVE A DUPER DECRET RECIPE!

Dar Filettaro a Santa Barbara

A hole-in-the-wall restaurant serving simple dishes

For 120 years, this osteria has been warming the hearts and stomachs of locals with its special vibe and outstanding dishes. Crowded and noisy, it's as authentic as it gets in Rome.

Rione VII Regola <u>Largo dei Librari 88</u>
<u>FB @Dar Filettaro a Santa Barbara</u>

Circoletto Roma

Roman cuisine, street style

THEY HAVE A GREAT WINE DELECTION.

An informal spot to share small plate snacks, natural wines and good stories with friends. Expect seasonal menus and authentic recipes.

Aventino <u>Via dei Cerchi 55</u> <u>@circoletto_roma</u>



MUDICE ENTERTAINMENT

CHECK OUT THE WEEKEND VINTAGE MARKETO.



@alcazar_live

Alcazar

A multi-purpose club serving all the fun

From books, vinyls, disco balls, live performances, comedies and vintage markets, there's no shortage of entertainment in this old cinema setting. Grab a bite at the restaurant on the second floor.

Trastevere<u>Via Cardinale Merry del Val 14</u>

Largo Venue Roma

Dance the night away

GRAB A BITE TO EAT IN THEIR CUTE GARDEN.

Move and groove to the various beats played in this intimate venue. From indie and rock, to electronic music and queer nights, there's a mood for every music lover.

Pigneto <u>Via Biordo Michelotti 2</u> <u>@largo_official</u>

Pierrot le Fou

A small secluded bar with a niche programme

This cosy spot feels like your best friend's living room with the dim lighting, soft fabrics and humble stage. Nights include live music, Italian stand up comedy and karaoke.

Pigneto <u>Via Macerata 58</u><u>FB @ pierrotlefoupigneto</u>



WE RECOMMEND THE KARAOKE!

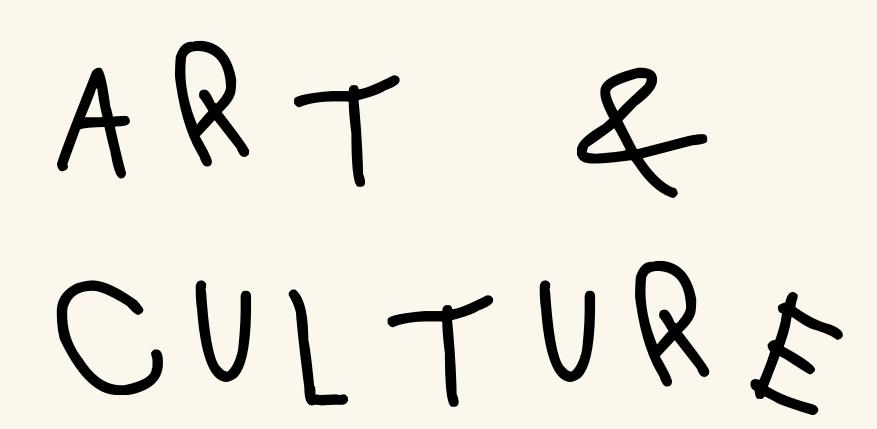
Muccassassina

Get ready for a wild night like no other

COLOURFUL OUTFITO ARE ENCOURAGED!

One of Italy's oldest queer clubs, this huge discotheque is an institution among the local and international LGBTQIA+ community. Check the programme for special guests and performances.

Casal Bertone Via di Portonaccio 212 @muccassassinaofficial





Chiostro del Bramante

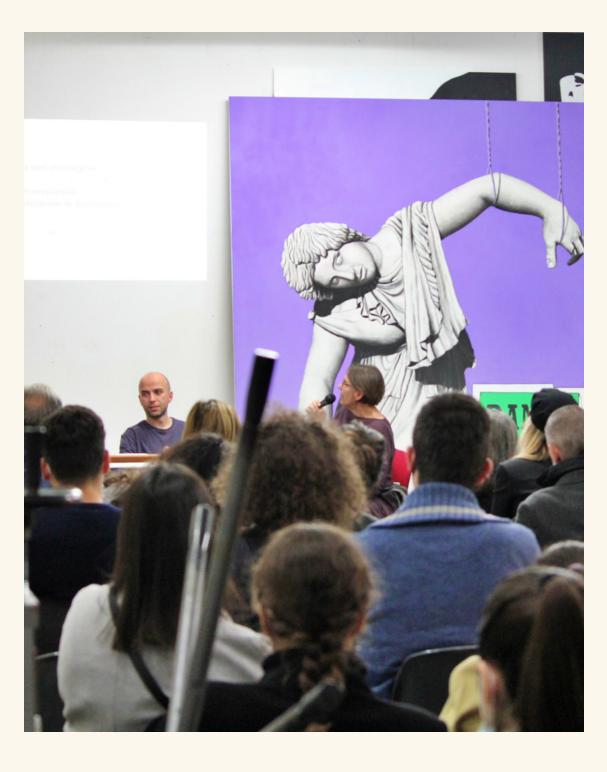
A magnificent cultural space with classical art exhibitions

Chiostro del Bramante is an extraordinary example of Renaissance architecture. The building itself is enough to inspire you, as well as the diverse exhibitions.

Rione V Ponte
Arco della Pace 5
@chiostrodelbramante_roma

CHECK THE PROGRAMME AD IT CHANGED OFTEN.





S.A.L.A.D. Bar.lina

The first and only queer art and exhibition centre in Italy

The San Lorenzo Art District (S.A.L.A.D) is a lively neighbourhood full of artists. Among them is this unique project founded by Andrea Acocella, which exhibits relevant themes in the LGBTQIA+ community.

San Lorenzo
<u>Viale dello Scalo S. Lorenzo 49</u>
<u>@sanlorenzoartdistrict www.barlina.org</u>

HAVE A COFFEE OR DRINK IN THE LITTLE BAR.

Centrale Montemartini

A history museum with a unique character

Explore a beautiful array of sculptures, mosaics and archaeological finds from the Roman era, all inside an old power plant. The museum takes you through the history of Rome, from past to present.

Ostiense

Via Ostiense 106 @museiincomuneroma

THE ROOMS ARE VERY impressive.

Villini delle Fate

A melting pot of architectures

A corner of Rome with unexpected features, a mix of Art Nouveau and Deco, with hints of Greek, Gothic and Baroque art. This neighbourhood constantly inspires and provokes curious minds.

Coppedè <u>Piazza Mincio</u>

COME DIT, WATCH AND OTROLL AROUND THIS AREA.

OHOPO & BOUTIQUES

Mercato Monti

Hard to find, easy to love

OPEN ON WEEKENDO, 10:00 - 20:00.

Located in an old train station, this authentic vintage market has the cherry picking of artisanal items. With over 50 vendors, there's a lot for you to rummage around.

Rione I Monti <u>Via Baccina 36</u> <u>@mercatomonti</u>



www.bibelotbijoux.com



IT'S NOT THE EASIEST TO FIND SO KEEP AN EYE OUT.



Bibelot Bigiotteria d'epoca

Chic vintage jewellery with a story

Imagine a room filled with costume jewels worn by movie stars and celebrities from all around the world. This tiny shop and its owner will charm you with stories of every single brooch, earring, necklace and more.

Rione VI Parione <u>Via dei Banchi Nuovi 2</u>



Spazio Giallo Interiors

A multidisciplinary space for interior design, exhibitions and colourful creativity

Not long opened, but already a favourite spot among the arty and curious. A bright yellow space radiating positive vibes, you can enjoy installations, art, and even workshops.

Trastevere <u>Via dei Riari 78</u> <u>@spaziogiallointeriors</u>

Mercato dell'Antiquariato

For the diehard antique treasure lovers

Step back faaaaar in time among these prints, postcards, books and manuscripts. This historic flea market is small, charming and as vintage as they come.

Piazza borghese <u>Piazza Borghese 00186</u>

SOME PRECIOUS HIDDEN TREASURES

Mercato di Porta Portese

A paradise for vintage shopping lovers

Rome's largest market is a Sunday ritual for locals. Enjoy the eclectic mix of antiques, paintings, house decorations and things you've probably never seen before.

Trastevere <u>Piazza di Porta Portese 00153</u> <u>@portaporteseroma</u>

TAKE A WALK THROUGH TRADTEVERE DQUARE.

PARKO & NATURE

Villa Celimontana

A beautiful heritage site with a jazzy twist

This public park is built on top of Roman remains and was once home to a vineyard in the 16th century. Now the park mansion hosts many free live concerts and festivals in summer.

Rione XIX Celio <u>00184 Roma RM</u> <u>www.sovraintendenzaroma.it</u>

CHECK OUT THE CONCERT PROGRAMME ONLINE.





Giardino degli Aranci

A magical escape to nature in the city centre

For outstanding views of the city, come to this stunning park for sunset. Smell the sweet aroma of orange blossoms and stroll between the pine trees for a romantic evening.

Aventino <u>Piazza Pietro D'Illiria</u>



TAKE YOUR TIME AND ENJOY.

Villa Ada

Immerse yourself in this vast green space

IT'S A PERFECT LOOP FOR RUNNERS.

This huge park has a diverse variety of nature, from pines, oaks, chestnut trees, woodland animals and birds, as well as neoclassical English gardens. You can get a glimpse of the River Tiber too.

Parioli <u>Via Salaria 267</u> <u>www.sovraintendenzaroma.it</u>

Parco degli Acquedotti

An ideal spot for outdoor picnics and sports

Prepare to be in awe when you see the remains of six grand aqueducts - an important part of the city's ancient infrastructure. You can easily spend the day relaxing in this serene space.

Via Lemonia, 00174 www.parcodegliacquedotti.it

SUNDETO ARE ALDO NICE HERE.

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